



# Marvel Treks & Expedition Pvt. Ltd.

G.P.O. Box: 8717 | Lekhnath Marg, Thamel, Kathmandu, Nepal  
+9779851036079 / +9779851188551

Email : [info@Marveltreks.com](mailto:info@Marveltreks.com) | Website : [www.Marveltreks.com](http://www.Marveltreks.com)

## Kanchenjunga South Base Camp Trek

*Remote peaks, sacred villages, unforgettable views*

**Duration:** 11 Days

**Max Altitude:** 4,580 m (Kanchenjunga South Base Camp)

**Trek Grade:** Moderate to Strenuous and Remote

**Start / End:** Kathmandu

**Accommodation:** Hotel in Kathmandu & Teahouses along the trek

**Best Season:** March–May | September–November

**Group Type:** Private or Group Joining



Lekhnath Marg, Thamel



[info@marveltrees.com](mailto:info@marveltrees.com)



+9779851036079 / +9779851188551

## Overview

The Kanchenjunga South Base Camp Trek is a remote and rewarding Himalayan adventure that takes you into the pristine eastern region of Nepal, close to the world's third-highest mountain, **Mt. Kanchenjunga (8,586 m)**. This trek offers an exceptional blend of dramatic mountain scenery, unspoiled landscapes, and rich cultural encounters with Limbu, Rai, and Sherpa communities.

Beginning with a scenic flight to Bhadrapur and a drive through lush tea gardens of Ilam, the journey gradually ascends through terraced farmlands, dense rhododendron and bamboo forests, and high alpine valleys. As you gain altitude, the trail opens to breathtaking views of snow-capped peaks, glaciers, and vast mountain wilderness rarely visited by trekkers.

The highlight of the trek is the hike to **Kanchenjunga South Base Camp**, where trekkers stand before the magnificent Yalung Glacier with panoramic views of Kanchenjunga, Kabru, Rathong, and surrounding Himalayan giants. With fewer crowds, traditional villages, and raw natural beauty, this trek is ideal for those seeking a true off-the-beaten-path Himalayan experience.

## Trip Highlights

- Close-up views of Mt. Kanchenjunga (8,586 m), the world's third-highest peak
- Visit to Kanchenjunga South Base Camp & Yalung Glacier
- Scenic flight to eastern Nepal and drive through Ilam tea gardens
- Trek through rhododendron, bamboo, and alpine forests
- Rich cultural encounters with Limbu, Rai, and mountain communities
- Remote trails with minimal crowds and untouched wilderness

## Itinerary

Day 1: Kathmandu → Bhadrapur (Flight) → Drive to Fikkal/Kanyam (1,500 m)

Morning flight to Bhadrapur followed by a scenic drive through tea gardens and rolling hills to Fikkal/Kanyam; enjoy sunset views, short village walks, and overnight at a local lodge.



Day 2: Drive Fikkal/Kanyam → Taplejung (1,800 m)

Drive through eastern hill landscapes, cardamom plantations, and traditional Limbu villages; arrive in Taplejung for trek briefing and preparation.

Day 3: Taplejung → Yamphuding (2,080 m)

Trek begins with gradual ascents through terraced fields, forests, and local settlements; cross small streams and experience rural mountain life before reaching Yamphuding.

Day 4: Yamphuding → New Jhoroni (2,700 m)

Trek through dense rhododendron and bamboo forests with steady uphill sections; enjoy peaceful forest trails and occasional mountain views.

Day 5: New Jhoroni → Cheram (3,870 m)

Continue trekking through alpine terrain with open valleys and grazing lands; witness dramatic landscapes and arrive at the high-altitude settlement of Cheram.

Day 6: Rest & Acclimatization at Cheram (3,870 m)

Acclimatization day with short hikes around Cheram, glacier viewpoints, and optional walks toward Ramche; rest, hydrate, and prepare for higher altitude.

Day 7: Cheram → Kanchenjunga South Base Camp → Ramche (4,580 m)

Early start for a rewarding hike to Kanchenjunga South Base Camp with stunning views of Mt. Kanchenjunga, Yalung Glacier, and surrounding peaks; descend to Ramche for overnight.

Day 8: Ramche → Torongding (2,980 m)

Descend gradually through alpine meadows and forests; enjoy changing landscapes and warmer temperatures as you trek down to Torongding.

Day 9: Torongding → Yamphuding (2,080 m)

Trek through familiar trails, crossing rivers and villages; relaxed walking day with cultural interactions and scenic surroundings.

Day 10: Yamphuding → Fikkal/Kanyam (1,500 m)

Drive back through the Taplejung region toward Fikkal/Kanyam; enjoy tea garden views, local cuisine, and well-earned rest.

Day 11: Fikkal → Bhadrapur → Fly back to Kathmandu (1,400 m)

Morning drive to Bhadrapur Airport followed by a flight back to Kathmandu; trek concludes with transfer to hotel.



## All You Need to Know

### 1. Visa Process

Nepal's tourist visa fees vary by duration, with common options on arrival being \$30 for 15 days, \$50 for 30 days, and \$125 for 90 days, plus \$3/day for extensions.

### 2. Guide In Nepal

You will need a guide for tour, trekking, peak climbing as well as expedition.

- Tour Guide: A professional who leads sightseeing tours and provides local information.
- Driver Guide: A driver who also acts as a guide during travel.
- Trekking Guide: An experienced guide who leads trekking routes safely.
- Peak Climbing Guide: A trained guide for high-altitude mountain climbing.
- Expedition Sherpa Guide: A skilled Sherpa who supports and guides challenging expeditions.
- Porter: A helper who carries luggage or trekking gear, sometimes also assisting as a guide.

### 3. Accommodation

Stay comfortably with options to suit every traveler from budget backpacker stays (USD \$10) to 5★ city hotels (USD \$90) to cozy teahouses with attached bathrooms and camps along the trekking trails.

### 4. Transportation

Choose from local buses, private cars, shared or private jeeps, domestic flights, and helicopter transfers for convenient travel across Nepal.

### 5. Permits and entrance fees

Trekking and visiting protected areas in Nepal require permits and entrance fees to support conservation and local communities. Key permits and fees include:

- TIMS (Trekking Information Management System) Card: Required for most trekking regions.
- ACAP Permit (Annapurna Conservation Area Permit): Needed for trekking in Annapurna region.
- KCA Permit (Kanchenjunga Conservation Area Permit): Required for Kanchenjunga treks.
- SAC Permit (Sagarmatha National Park Entry Permit): Needed for Everest region treks.



- Langtang National Park Entry Permit: Required for treks in Langtang region.
- Manaslu Conservation Area Permit (MCAP): Needed for Manaslu trekking.
- Royal Chitwan National Park Entry Fee: For visiting Chitwan National Park.
- Bardia National Park Entry Fee: For wildlife safaris in Bardia.

**Fees vary by nationality and trekking region.**

## **6. Meals**

During your trek, meals are usually served in teahouses or lodges, with options for local Nepali cuisine, vegetarian, and international dishes. Breakfast is usually included in accommodation. In the city, you can enjoy a wide variety of restaurants, cafes, and hotel dining.

## **7. Health & Safety**

- Altitude sickness awareness and proper acclimatization are crucial when trekking above 2,500m.
- Carry basic medications and a personal first-aid kit.
- Drink bottled or purified water only.
- Vaccinations (such as Hepatitis A, Typhoid, and Tetanus) are recommended before travel.
- Emergency rescue services are available in major trekking regions.

## **8. Currency & Payments**

- Nepalese Rupee (NPR) is the local currency.
- ATMs are available in major cities but limited in remote areas. Credit cards are accepted in hotels, restaurants, and shops in cities.
- Cash is essential for trekking regions.

## **9. Communication & Internet**

Local SIM cards (Ncell or Nepal Telecom) are easily available at the airport and in cities.

Mobile network coverage is good in cities and popular trekking routes.

Wi-Fi is available in hotels and teahouses, sometimes at an extra cost in remote areas.

## **10. Cultural Etiquette & Local Customs**

Dress modestly, especially in rural areas and religious sites.

Remove shoes before entering temples and homes.

Respect local traditions and festivals.

Ask permission before taking photos of people.



## 11. Responsible & Sustainable Travel

Avoid single-use plastics and use refillable bottles.

Respect wildlife and natural environments.

Support local communities by using local guides, porters, and accommodations.

Follow “Leave No Trace” principles during treks.

## Important Information

- This trek requires a good level of physical fitness, as it involves long walking days, uneven terrain, and gradual ascent at higher altitudes. Participants are strongly advised to prepare in advance through regular exercise, endurance training, and hiking practice.
- Altitude-related illnesses such as Acute Mountain Sickness (AMS) can occur above 2,500 m. All itineraries are designed with proper acclimatization days to minimize risk; however, individuals must follow the guide’s instructions and report any symptoms immediately. If symptoms worsen, descending to a lower altitude is mandatory for safety.
- Weather conditions in the Himalayas are unpredictable and can change rapidly, particularly during monsoon and winter seasons. Trekking schedules may be adjusted due to weather, trail conditions, or safety considerations.
- Luggage limits are strictly enforced, typically allowing 10–12 kg of personal baggage per trekker. Excess luggage can be carried by porters or arranged separately at an additional cost.
- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, and helicopter evacuation is mandatory. Proof of insurance must be provided before the trek begins.

