



**MARVEL  
TREKS**

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# Marvel Treks and Expeditions

PLAN YOUR TRIP WITH US AND  
EXPERIENCE THE NEPALESE HERITAGE



## PHONE NUMBER

+977 9851188551



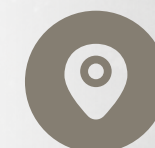
## EMAIL ADDRESS

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## WEBSITE ADDRESS

www.marveltreks.com



## OFFICE ADDRESS

Opposite to Saraswati Campus,  
Thamel





Discover 'The Land of Sherpas'

*Langtang*

*Valley*



Day 1

# *Kathmandu to Syaphrubesi*

- Day 1: Drive from Kathmandu (1,400 m) to Syabrubesi (1,503 m)
- Distance: ~122 km
- Duration: 6–8 hours by jeep or bus
- Highlights: Scenic drive through hills, rivers, and terraced villages
- Accommodation: Teahouse in Syabrubesi



Day 2

# *Syabrubesi to Lama Hotel*

**Day 2: Syabrubesi (1,503 m) → Lama Hotel (2,470 m)**

**Distance: 6 km**

**Duration: 4–5 hours**

**Highlights: Riverside trail through lush forests, views of Langtang Khola.**

**Accommodation: Teahouse**



# Day 3 *Lama Hotel to Langtang Village*

Distance: 10 km

Duration: 5-6 hours

Highlights: Ghoda Tabela, views of Langtang Lirung,  
Tamang villages

Accommodation: Teahouse

2013/14

DONATED BY  
**DOORIE**  
CENTRAL AID ASSOCIATION  
OF GURKHAS NEPAL

दुरी  
पत्र प्रशोधन



Day 4

# *Langtang Village to Kyanjin Gompa*

Distance: 9 km

Duration: 5–6 hours

Highlights: Panoramic views of Langtang range, glacier vistas, challenging ascent.

Accommodation: Teahouse





Day 5

# *Kyaryin Gompa To Tsergo Ri*

Distance: 9 km

Duration: 5–6 hours

Highlights: Panoramic views of Langtang range, glacier vistas, challenging ascent.

Accommodation: Teahouse





Day 6

*Hike to Kyangjin Ri  
and Back to Lama  
Hotel*

Distance: 10 km

Duration: 6–7 hours

Highlights: Sunrise over Langtang Himal, long descent through alpine forest.

Accommodation: Teahouse



A person wearing a red jacket and a pink hat is sitting on a large rock in the foreground, looking towards a calm lake. The lake reflects the surrounding landscape. In the background, there are steep, rugged mountains with patches of snow and brownish vegetation. The sky is clear and blue.

Day 7

# *Lama Hotel to Syabrubesi*

Distance: 12 km

Duration: 5-6 hours

Highlights: Final descent through rhododendron and oak forests.

Accommodation: Teahouse or hotel





Day 7

# *Syabrubesi to Kathmandu*

Distance: ~122 km

Duration: 6-8 hours by road

Highlights: Return journey through scenic hills and local villages

Accommodation: Not included (available on request)



# TOTAL COST

8 DAYS

SPECIAL PRICE

~~\$950~~  
**\$749**



## Includes

*Insured, Licensed Guide*

*Meals (BLD)*

*Transportation*

*Porter*

*Hotel in Kathmandu*

*Airport Pick Up*

*Permits*

*Seasonal Fruits*

*Gear Rentals*

*Service Charge*

## Excludes

*Drinkk*

*Snacks*

*Trekking Gears*

*Your Travel Insurace*

## Add Ons

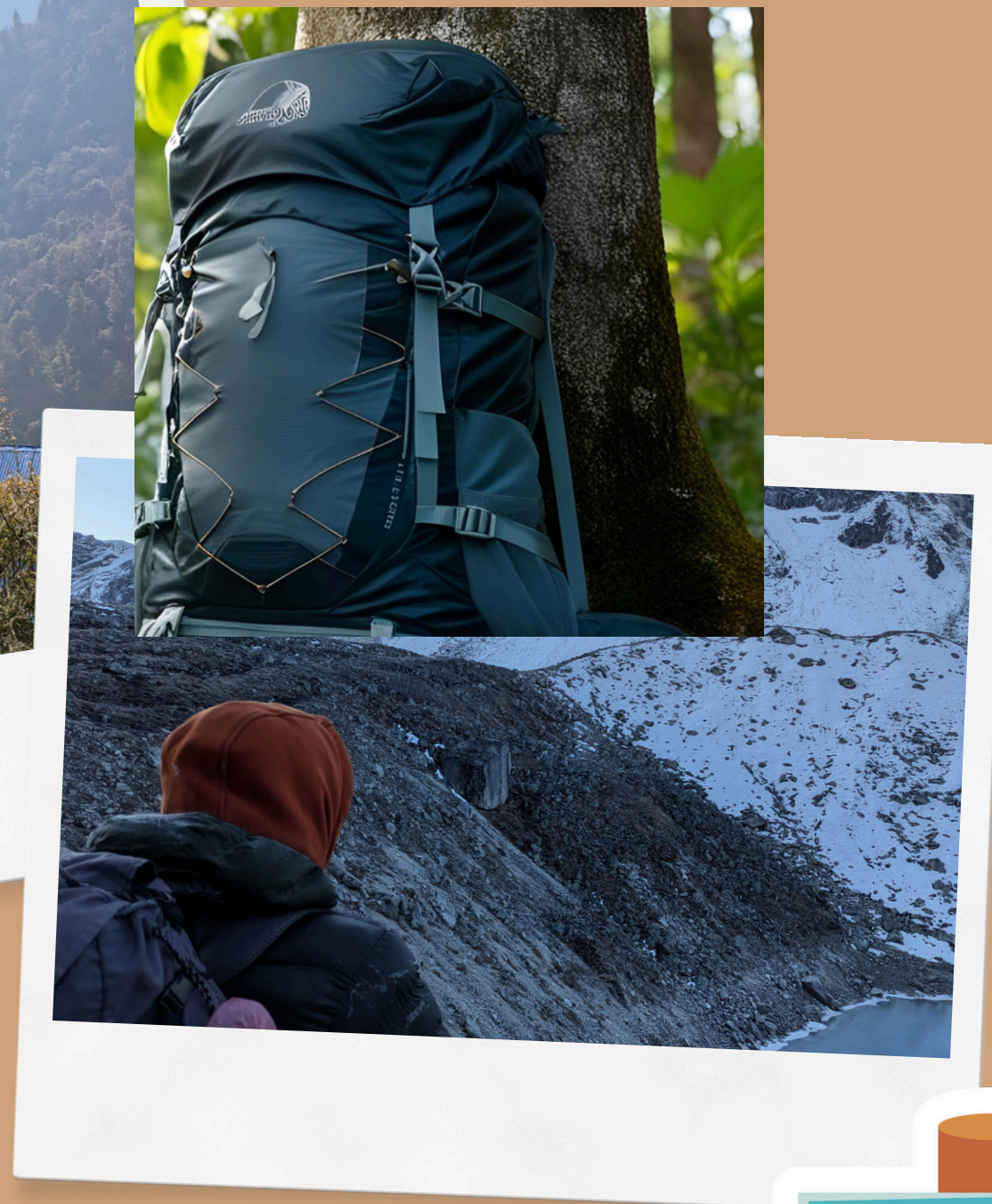
## Add Ons

*Hotel Upgrade in Kathmandu*

*Private Jeep to Syabrubesi and back*

*Other Preferences*





***Start Your Adventure Today!***

TRAVEL

TIME