



Marvel Treks & Expedition Pvt. Ltd.

G.P.O. Box: 8717 | Lekhnath Marg, Thamel, Kathmandu, Nepal
+9779851036079 / +9779851188551

Email : info@Marveltreks.com | Website : www.Marveltreks.com

Pikey Peak Trek

A Hidden Himalayan Trail of Panoramic Sunrises and Sherpa Culture

Duration: 6 Days

Max Altitude: 3640 m (Pikey Peak Base Camp)

Trek Grade: Easy

Start / End: Kathmandu

Accommodation: Hotel in Kathmandu | Guest House during trek

Best Season: March-May | September-November

Group Type: Private or Group Joining



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Overview

The **Pikey Peak Trek** is a peaceful and scenic journey through the untouched landscapes of the Everest region. This trek offers a perfect blend of cultural experience and natural beauty, taking you through traditional Sherpa villages, dense rhododendron forests, and high alpine meadows. The highlight is reaching **Pikey Peak**, where you witness a breathtaking sunrise over the Himalayas, including panoramic views of **Everest, Makalu, and Kanchenjunga**. This trek is ideal for those seeking a quiet Himalayan adventure away from the crowds, while enjoying warm local hospitality and stunning mountain panoramas.

Trip Highlights

- Pikey Peak sunrise view offers a breathtaking panorama of Everest, Makalu, and Kanchenjunga.
- The trek follows a peaceful and less-crowded route in the Everest region.
- You experience rich Sherpa culture through traditional villages and monasteries.
- The trail passes through beautiful rhododendron forests and alpine meadows.
- It is a moderate trek suitable for beginners with good fitness.
- The journey provides stunning mountain panoramas and serene Himalayan landscapes.

Itinerary

Day 1: Drive from Kathmandu → Dhap Village (Drive | 8 hrs | Sleep Altitude 2,932 m)

Early morning departure from Kathmandu by private vehicle. Drive through scenic hills, terraced fields, and local villages while enjoying panoramic mountain views. Arrive at Dhap Village in the late afternoon, where you settle into a lodge and rest.

Day 2: Trek Dhap Village → Jhapre (Trek | 6 hrs | Sleep Altitude 2,920 m)

Start the trek after breakfast, walking through beautiful rhododendron forests and traditional Sherpa villages. The trail gradually ascends and offers stunning views of the Himalayas. Reach Jhapre by evening and stay overnight at a teahouse.

Day 3: Trek Jhapre → Pikey Peak Base Camp (Trek | 6–7 hrs | Sleep Altitude 3,640 m)



Today's trek climbs steadily through lush forests and alpine landscapes. You pass local settlements and enjoy close views of the mountains. Arrive at Pikey Peak Base Camp, where you rest and prepare for the early morning summit hike.

Day 4: Trek Pikey Peak → Descend to Jasmane (Trek | 5–6 hrs | Sleep Altitude 3,530 m)

Early morning hike to the summit of Pikey Peak for a breathtaking sunrise view over Everest, Makalu, and Kanchenjunga. After capturing the sunrise panorama, descend through forests and trails to Jasmane for an overnight stay.

Day 5: Trek Jasmane → Junbesi Village (Trek | 6 hrs | Sleep Altitude 2,700 m)

Continue the trek through serene forests and terraced farmlands, passing through remote Sherpa villages. Enjoy cultural experiences and mountain views as you arrive at Junbesi Village, where you spend the night.

Day 6: Trek Junbesi → Phaplu → Drive Kathmandu (Trek + Drive | 13 hrs | Sleep Altitude 1,400 m)

Trek downhill from Junbesi to Phaplu, then board the vehicle for a long scenic drive back to Kathmandu. The route passes through mountain roads, valleys, and traditional settlements, arriving in Kathmandu in the evening.

All You Need to Know

1. Visa Process

Nepal's tourist visa fees vary by duration, with common options on arrival being \$30 for 15 days, \$50 for 30 days, and \$125 for 90 days, plus \$3/day for extensions.

2. Guide In Nepal

You will need a guide for tour, trekking, peak climbing as well as expedition.

- Tour Guide: A professional who leads sightseeing tours and provides local information.
- Driver Guide: A driver who also acts as a guide during travel.
- Trekking Guide: An experienced guide who leads trekking routes safely.
- Peak Climbing Guide: A trained guide for high-altitude mountain climbing.
- Expedition Sherpa Guide: A skilled Sherpa who supports and guides challenging expeditions.



- Porter: A helper who carries luggage or trekking gear, sometimes also assisting as a guide.

3. Accommodation

Stay comfortably with options to suit every traveler from budget backpacker stays (USD \$10) to 5★ city hotels (USD \$90) to cozy teahouses with attached bathrooms and camps along the trekking trails.

4. Transportation

Choose from local buses, private cars, shared or private jeeps, domestic flights, and helicopter transfers for convenient travel across Nepal.

5. Permits and entrance fees

Trekking and visiting protected areas in Nepal require permits and entrance fees to support conservation and local communities. Key permits and fees include:

- TIMS (Trekker's Information Management System) Card: Required for most trekking regions.
- ACAP Permit (Annapurna Conservation Area Permit): Needed for trekking in Annapurna region.
- KCA Permit (Kanchenjunga Conservation Area Permit): Required for Kanchenjunga treks.
- SAC Permit (Sagarmatha National Park Entry Permit): Needed for Everest region treks.
- Langtang National Park Entry Permit: Required for treks in Langtang region.
- Manaslu Conservation Area Permit (MCAP): Needed for Manaslu trekking.
- Royal Chitwan National Park Entry Fee: For visiting Chitwan National Park.
- Bardia National Park Entry Fee: For wildlife safaris in Bardia.

Fees vary by nationality and trekking region.

6. Meals

During your trek, meals are usually served in teahouses or lodges, with options for local Nepali cuisine, vegetarian, and international dishes. Breakfast is usually included in accommodation. In the city, you can enjoy a wide variety of restaurants, cafes, and hotel dining.

7. Health & Safety

- Altitude sickness awareness and proper acclimatization are crucial when trekking above 2,500m.



- Carry basic medications and a personal first-aid kit.
- Drink bottled or purified water only.
- Vaccinations (such as Hepatitis A, Typhoid, and Tetanus) are recommended before travel.
- Emergency rescue services are available in major trekking regions.

8. Currency & Payments

- Nepalese Rupee (NPR) is the local currency.
- ATMs are available in major cities but limited in remote areas. Credit cards are accepted in hotels, restaurants, and shops in cities.
- Cash is essential for trekking regions.

9. Communication & Internet

Local SIM cards (Ncell or Nepal Telecom) are easily available at the airport and in cities.

Mobile network coverage is good in cities and popular trekking routes.

Wi-Fi is available in hotels and teahouses, sometimes at an extra cost in remote areas.

10. Cultural Etiquette & Local Customs

Dress modestly, especially in rural areas and religious sites.

Remove shoes before entering temples and homes.

Respect local traditions and festivals.

Ask permission before taking photos of people.

11. Responsible & Sustainable Travel

Avoid single-use plastics and use refillable bottles.

Respect wildlife and natural environments.

Support local communities by using local guides, porters, and accommodations.

Follow “Leave No Trace” principles during treks.

Important Information

- This trek requires a good level of physical fitness, as it involves long walking days, uneven terrain, and gradual ascent at higher altitudes. Participants are strongly advised to prepare in advance through regular exercise, endurance training, and hiking practice.



- Altitude-related illnesses such as Acute Mountain Sickness (AMS) can occur above 2,500 m. All itineraries are designed with proper acclimatization days to minimize risk; however, individuals must follow the guide's instructions and report any symptoms immediately. If symptoms worsen, descending to a lower altitude is mandatory for safety.
- Weather conditions in the Himalayas are unpredictable and can change rapidly, particularly during monsoon and winter seasons. Trekking schedules may be adjusted due to weather, trail conditions, or safety considerations.
- Luggage limits are strictly enforced, typically allowing 10–12 kg of personal baggage per trekker. Excess luggage can be carried by porters or arranged separately at an additional cost.
- Comprehensive travel insurance covering high-altitude trekking, emergency medical treatment, and helicopter evacuation is mandatory. Proof of insurance must be provided before the trek begins.

